

**JOINT CERS AND KRS RETIREE HEALTH PLAN COMMITTEE**

**May 11, 2023, 10:00 a.m. ET (9:00 a.m. CT)**

**Live Videoconference/Facebook Live Agenda**

1. Call to Order – ***Jerry Powell***
2. Opening Video Teleconference Statement – ***Office of Legal Services***
3. Roll Call – ***Sherry Rankin***
4. Public Comment – ***Sherry Rankin***
5. Elections – ***Jerry Powell***
  - a. Chair of Joint RHP Committee\*
  - b. Vice-Chair of Joint RHP Committee\*
6. Approval of Committee Meeting Minutes – February 16, 2023\* - ***Committee Chair***
7. Account Management Review – ***Tracey Garrison, Humana***
  - a. 2022 Plan Performance
  - b. 2022 CMS Star Performance
  - c. Inflation Reduction Act/CMS Final Notice Updates
  - d. Employer Group Commercial Exit
  - e. Humana Community Navigator
  - f. Product Updates
8. Other Business – ***Committee Chair***
  - a. Medicare Secondary Payer Act Reimbursement Update – ***Connie Pettyjohn***
9. Adjourn – ***Committee Chair***

***\*Board Action Required***

**KENTUCKY PUBLIC PENSIONS AUTHORITY  
JOINT CERS-KRS BOARD OF TRUSTEES  
RETIREE HEALTH PLAN COMMITTEE MEETING  
FEBRUARY 16, 2023, at 10:00 A.M., E.S.T.  
VIA LIVE VIDEO TELECONFERENCE**

At the February 16, 2023, meeting of the Retiree Health Plan Committee of the Joint CERS and KRS Board of Trustees, the following Committee members were present: CERS – Jerry Powell (Chair) and J.T. Fulkerson; KRS – Keith Percy and Dr. Crystal Miller. Staff members present were CERS CEO Ed Owens, III, KRS CEO John Chilton, David Eager, Rebecca Adkins, Erin Surratt, Michael Board, Michael Lamb, Connie Pettyjohn, Carrie Bass, Abby Sutherland, Ashley Gabbard, Brian Towles, Katie Park, Phillip Cook, and Sherry Rankin. Others in attendance included CERS Trustee Betty Pendergrass, Danny White and Michael Reed with GRS, and Tracey Garrison, Larry Loew, Carrie Lovell, and Carla Whaley with Humana.

Mr. Powell called the meeting to order.

Mr. Board read the Opening Video Teleconference Statement.

Ms. Rankin called Roll.

Ms. Rankin stated that one ***Public Comment*** had been received from Wilma Brown and read it aloud to the Committee:

“I have been in contact with numerous retirees that will be negatively impacted by the change in our insurance plan. The contract CERS has awarded to Humana does not have adequate coverage for retirees' healthcare needs. We all realize that the board is charged with spending funds wisely. However, the board also has an obligation to provide adequate health insurance for all retirees. Any contract can be renegotiated if the awarding party calls for renegotiation. I and many others urge you to re-negotiate this contract, even at a

greater expense to the retiree system, to include hospitals and doctors that the retirees currently use and will need for future care.”

Mr. Powell introduced the agenda item ***Approval of Minutes- October 24, 2022*** (Video 00:08:15 to 00:08:51). A motion was made by Mr. Fulkerson and seconded by Mr. Peercy to approve the minutes as presented. The motion passed unanimously.

Mr. Powell introduced the agenda item ***Humana*** (Video 00:08:52 to 00:53:27). Ms. Tracey Garrison and Mr. Larry Loew with Humana gave a presentation on 2024 Benefit Enhancements, Vanderbilt University Medical Center Contract Update, Underwriting Update and Corporate Rates.

Mr. Powell introduced the agenda item ***Benefit Enhancement Actuarial Analysis*** (Video 00:53:28 to 01:03:38). Mr. Danny White with GRS presented an analysis of the estimated financial cost of \$5.00 increase in Medicare Premiums across all plans. There was a brief discussion among Trustees. Mr. Powell advised that the analysis was informational, however, the Committee may act at a future meeting.

Mr. Powell introduced the agenda item ***Other Business*** (Video 01:03:39 to 01:15:40). Ms. Abby Sutherland presented 2023 Open Enrollment Statistics. Ms. Sutherland stated that the presented data represented the period of October 1, 2022 to December 31, 2022. She reported that online enrollments had increased in comparison to 2022 Open Enrollment. The number of Form 6256 processed by KPPA Staff had also increased. Phone was the preferred method of enrollment among retirees; 16,255 phone enrollments were conducted. Email communication and KPPA Outreach had greatly improved for the 2023 Open Enrollment.

Mr. Powell introduced the agenda item ***Closed Session*** (Video 01:15:41 to 01:16:59). Dr. Miller made a motion and was seconded by Mr. Peercy to enter closed session for the purpose of litigation. The motion passed unanimously.

Mr. Board read the following closed session statement and the meeting moved into Closed Session: A motion having been made in open session to move into a closed session for a specific purpose, and such motion having carried by majority vote in open, public session, the Board shall now enter close session to consider litigation, pursuant to KRS 61.810(1)(c), because of the necessity of protecting the confidentiality of the Systems' litigation strategy and preserving any available attorney-client privilege.

Mr. Powell called the meeting back to open session and stated that there were no reportable actions. A motion to ***Adjourn*** was made by Mr. Percy and seconded by Mr. Fulkerson. The motion passed unanimously and the meeting adjourned.

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### **CERTIFICATION**

I hereby certify that I was present at this meeting, and I have recorded above the action of the Committee on the various items considered by it at this meeting. Further, I certify that all requirements of KRS 61.805-61.850 were met in connection with this meeting.

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Recording Secretary

I, Jerry Powell, the Chair of the Joint Retiree Health Plan Committee of the Board of Trustees of the County Employees Retirement System and the Kentucky Retirement Systems, do hereby certify that the Minutes of the meeting held on February 16, 2023, were approved by the Joint Retiree Health Plan Committee on May 11, 2023.

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Committee Chair

I have reviewed the Minutes of the February 16, 2023, Joint Retiree Health Plan Committee meeting for form, content and legality.

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Executive Director  
Office of Legal Services



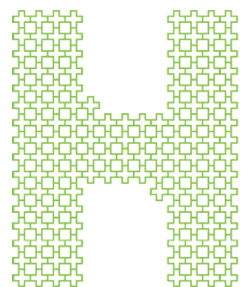
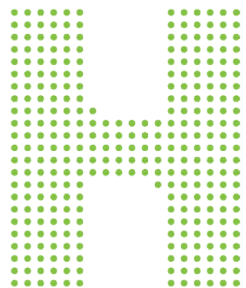
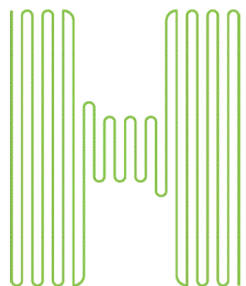
Humana.

# Humana Group Medicare Advantage

Kentucky Public Pensions Authority  
CERS/KRS Retiree Health Plan  
Committee Meeting

May 11, 2023





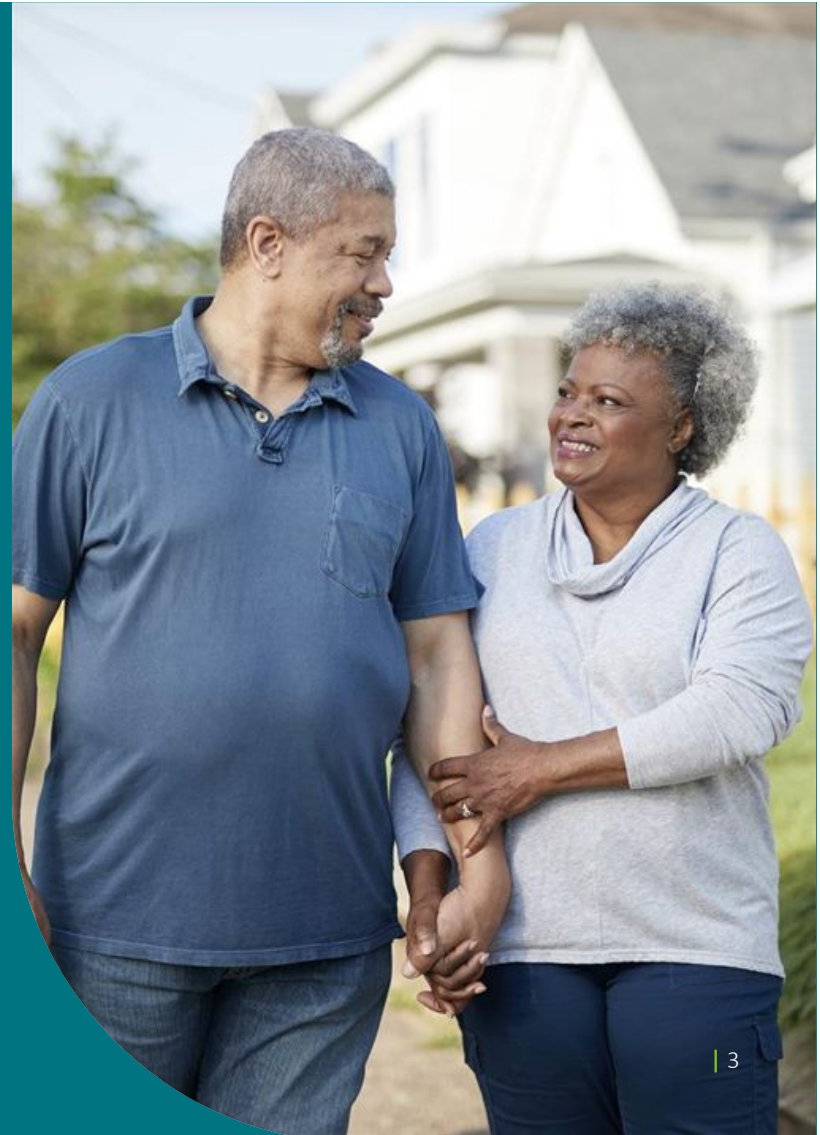
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## Today's discussion

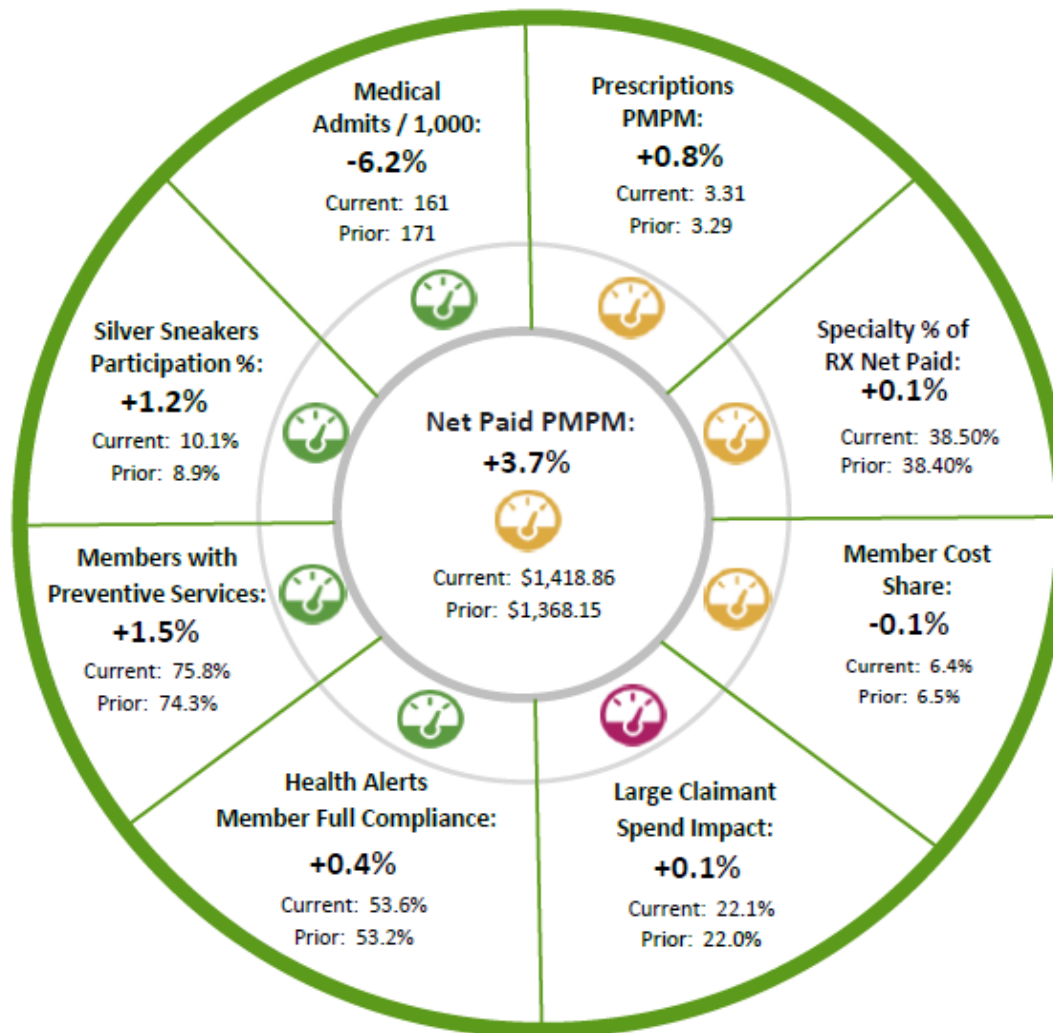
- 01 | 2022 Plan Performance
- 02 | 2022 KPPA Stars Review
- 03 | Inflation Reduction Act/CMS Final Notice Updates
- 04 | Employer Group Commercial Products Exit
- 05 | Humana Community Navigator™
- 06 | Product Updates

# 2022 Plan Performance





## Premium Plan Executive Summary All Trusts



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## Premium Plan

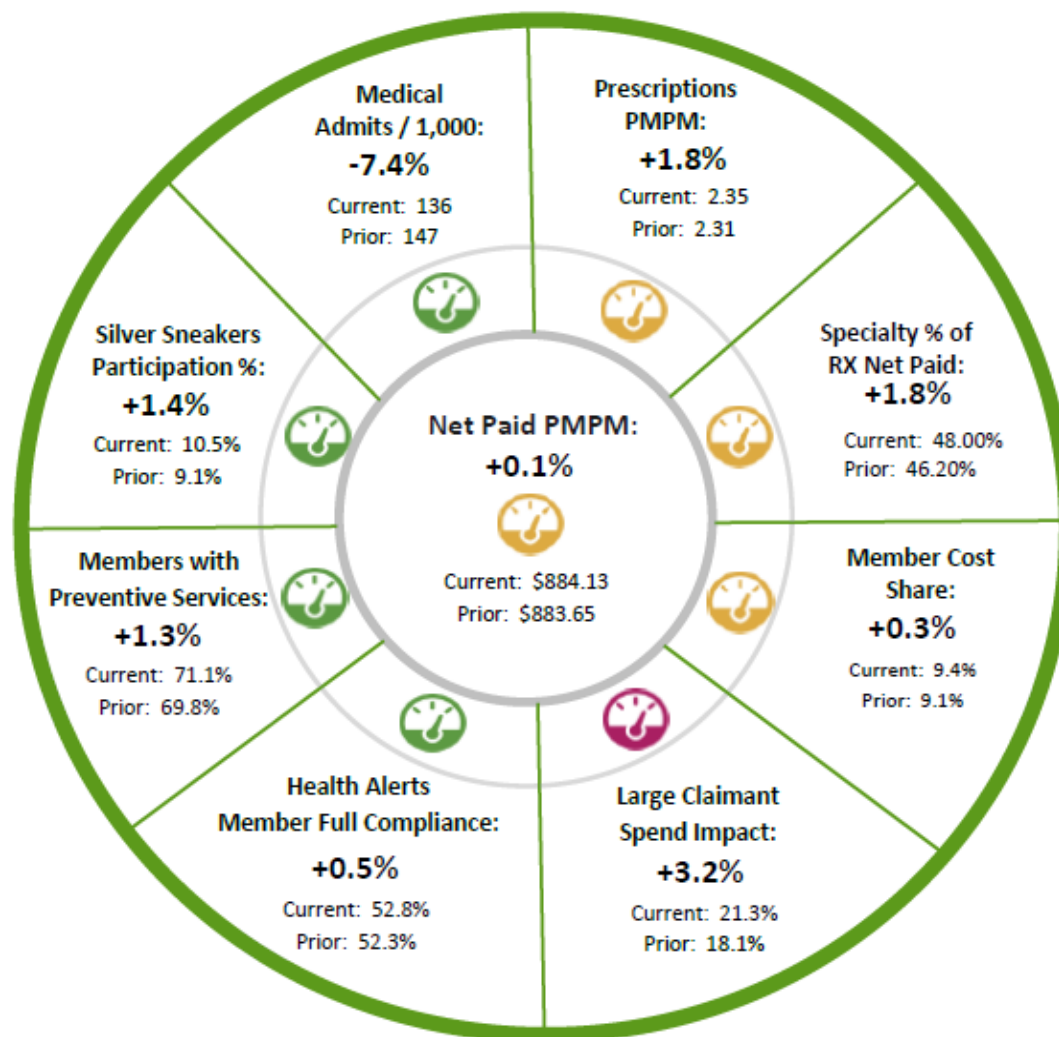
### Executive Summary by Trust Comparison

Premium Plan	All Members			KRS Members			CERS Members		
	Current	Prior	Change	Current	Prior	Change	Current	Prior	Change
Prescriptions PMPM	3.31	3.29	0.80%	3.32	3.28	1.10%	3.31	3.29	0.50%
Specialty % of Rx Net Paid	38.50%	38.40%	0.10%	40.30%	40.10%	0.30%	36.90%	36.90%	0.00%
Member Cost Share	6.40%	6.50%	-0.10%	5.90%	5.90%	0.00%	5.90%	5.70%	0.20%
Large Claimant Spend Impact	22.10%	22.00%	0.10%	22.70%	22.20%	0.50%	21.20%	21.90%	-0.60%
Health Alerts Full Compliance	53.60%	53.20%	0.40%	54.00%	53.90%	0.10%	53.30%	52.70%	0.60%
Mbrs w/ Preventative Services	75.80%	74.30%	1.50%	75.00%	73.90%	1.10%	76.20%	74.60%	1.60%
Silver Sneakers Participation	10.10%	8.90%	1.20%	10.90%	9.50%	1.30%	9.50%	8.30%	1.20%
Medical Admits/1000	161	171	-6.20%	154	165	-6.20%	162	176	-7.90%
PMPM	\$1,418.86	\$1,368.15	3.70%	\$1,434.13	\$1,372.69	4.48%	\$1,396.58	\$1,364.54	2.35%
Average Membership	54,109	53,176	1.80%	23,924	23,656	1.10%	30,186	29,518	2.30%

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| 5

## Essential Plan Executive Summary All Trusts



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## Essential Plan

### Executive Summary by Trust Comparison

Essential Plan	All Members			KRS Members			CERS Members		
	Current	Prior	Change	Current	Prior	Change	Current	Prior	Change
Prescriptions PMPM	2.35	2.31	1.80%	2.24	2.16	3.50%	2.42	2.4	0.90%
Specialty % of Rx Net Paid	48.00%	46.20%	1.80%	51.00%	49.60%	1.40%	46.00%	44.10%	1.90%
Member Cost Share	9.40%	9.10%	0.30%	6.50%	6.60%	-0.10%	5.90%	5.70%	0.20%
Large Claimant Spend Impact	21.30%	18.10%	3.20%	21.30%	13.90%	7.40%	21.20%	20.20%	1.00%
Health Alerts Full Compliance	52.80%	52.30%	0.50%	53.50%	52.40%	1.10%	52.40%	52.20%	0.20%
Mbrs w/ Preventative Services	71.10%	69.80%	1.30%	70.80%	69.10%	1.70%	71.20%	70.10%	1.10%
Silver Sneakers Participation	10.50%	9.10%	1.40%	11.90%	10.20%	1.70%	9.60%	8.30%	1.40%
Medical Admits/1000	136	147	-7.40%	122	125	-2.50%	144	159	-9.60%
PMPM	\$884.13	\$883.65	0.10%	\$839.31	\$805.71	4.17%	\$909.61	\$928.49	-2.03%
Average Membership	5,242	5,207	0.70%	1,900	1,876	1.30%	3,342	3,331	0.30%

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7

# 2022 KPPA Stars Review



## KPPA 2022 HEDIS Performance

Measure	MY2022 Eligible	MY2022 Compliant	2022 Pass Rate					MY2021 Compliance Rate	MY22 Individual Compliance Rate
			0%	25%	50%	75%	100%		
Breast Cancer Screening (BCS)	16,193	13,228	81.69%					80.26%	73%
Controlling Blood Pressure (CBP)	28,977	20,188	69.67%					65.52%	68%
Diabetes care – Eye exam (EED)	10,122	7,448	73.58%					73.18%	74%
Diabetes Care – Blood Sugar (HBD)	10,123	7,542	74.50%					80.83%	65%
Colorectal Cancer Screening (COL)	30,786	25,350	82.34%					82.84%	71%
Osteoporosis Mgmt. (OMW)	408	164	40.20%					44.90%	40%
Statin Therapy – Cardiovascular (SPC)	7,213	6,017	83.42%					82%	85%
TRC - Med Rec Post Discharge (MRP)	6,328	3,609	57.03%					61.16%	53%
TRC - Patient Engagement (PED)	6,328	5,777	91.29%					-	86%
Follow-Up after ED Visit (FMC)	6,746	4,867	72.15%					-	64%

MY = Measure Year

Data as of 12/31/22. Final performance rates subject to change due to hybrid season.

## Q1 Stars Marketing Campaign Highlights



### Colorectal Cancer Screening Campaign Launched 3/7



### Annual Check Up Campaign Launched 2/21



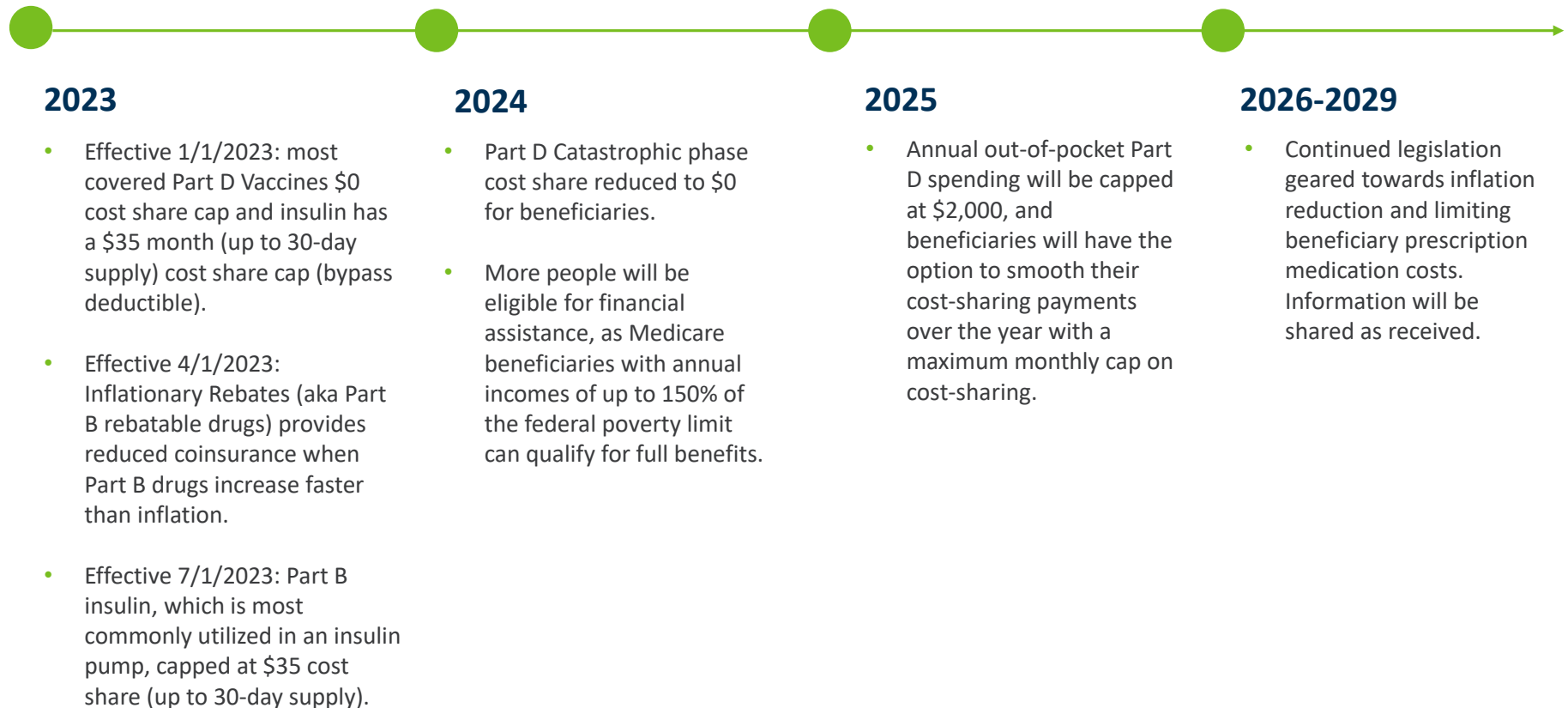
# Inflation Reduction Act & CMS Final Notice updates





## How the Inflation Reduction Act will impact costs for certain medications

The IRA aims, in part, to reduce prescription medication costs for some popular drugs. Here are some of the changes:



## CMS Final Notice

### Medicare Advantage payment policies

- According to Centers for Medicare & Medicaid Services (CMS), county benchmarks will increase by 2.28% for 2024, with a **net payment impact of all payment policies of -1.12%, on average**. This compares with projected benchmark growth of 2.09% and net payment change of -2.27% in the Advance Notice, published in early February.

### Part D Benefit Parameters

- Each year, CMS updates the Part D benefit parameters to change in average expenditures for Part D drugs per eligible beneficiary and the annual percentage increase in the Consumer Price Index.

	2023	2024
Deductible	\$505	\$545
Initial Coverage Limit	\$4,660	\$5,030
Out-of-Pocket Threshold	\$7,400	\$8,000

# Employer Group Commercial Medical Products exit



## Employer Group Commercial Medical Products exit

After a strategic and financial review of our business, Humana has decided to exit the Employer Group Commercial Medical Products business.



### What does this include?

- Fully-insured, self-funded and Federal Employee Health Benefit medical plans
- Commercial medical and pharmacy embedded and standalone Go365®



### What does this not include?

- **Group Medicare**
- Individual/Group Specialty (Dental, Vision, Life, etc.)
- Medicare Advantage
- Medicare Supplement
- Medicare Prescription Drug Plans
- Medicaid and Military
- CenterWell healthcare services lines of business
- FEDVIP program

# Humana Community Navigator



## Introducing Humana Community Navigator™

Providing access to more than **500,000** social service programs across the United States

Humana Community Navigator, powered by findhelp, offers an online directory of community resources addressing health-related social needs.

Support the whole health of your retirees, leading to better health outcomes, by sharing resources in their community.

Enhance retiree experience through personalized results:

- Access one, easy-to-use directory of community resources at no cost
- Resources include food, housing, transportation, legal, education, employment, social support and more
- Search for resources in over 100 languages that can be delivered in the preferred communication method (via email, text or print)
- All resources are free, reduced cost or based on a sliding scale



Interested to make this available on your own site? Have questions?

Email [hcnhelp@humana.com](mailto:hcnhelp@humana.com)



To unlock resources in the community, simply enter one's zip code at [Humana.findhelp.com](https://Humana.findhelp.com)

# Product Updates 2024





## Continuous Glucose Monitors (CGMs)/Diabetic Testing Supplies

### CGMs

- Availability for members to obtain CGMs at Pharmacy point of sale

### Diabetic Testing Supplies

- Members can obtain diabetic testing supplies at \$0 cost share via CenterWell Pharmacy, the preferred cost-sharing durable medical equipment vendor
  - Includes meters/lancets/test strips
- Members must utilize preferred brands Trividia/Roche
- Group Medicare material updates
  - PDE/Benefit Grid/Summary of Benefits/EOC
  - EOC will have context of Preferred Diabetic brands



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## 2023 VAIS initiatives



### Truthbrush

- Smart Teeth brushing trackers to improve oral healthcare
- 20% off devices
- Free App

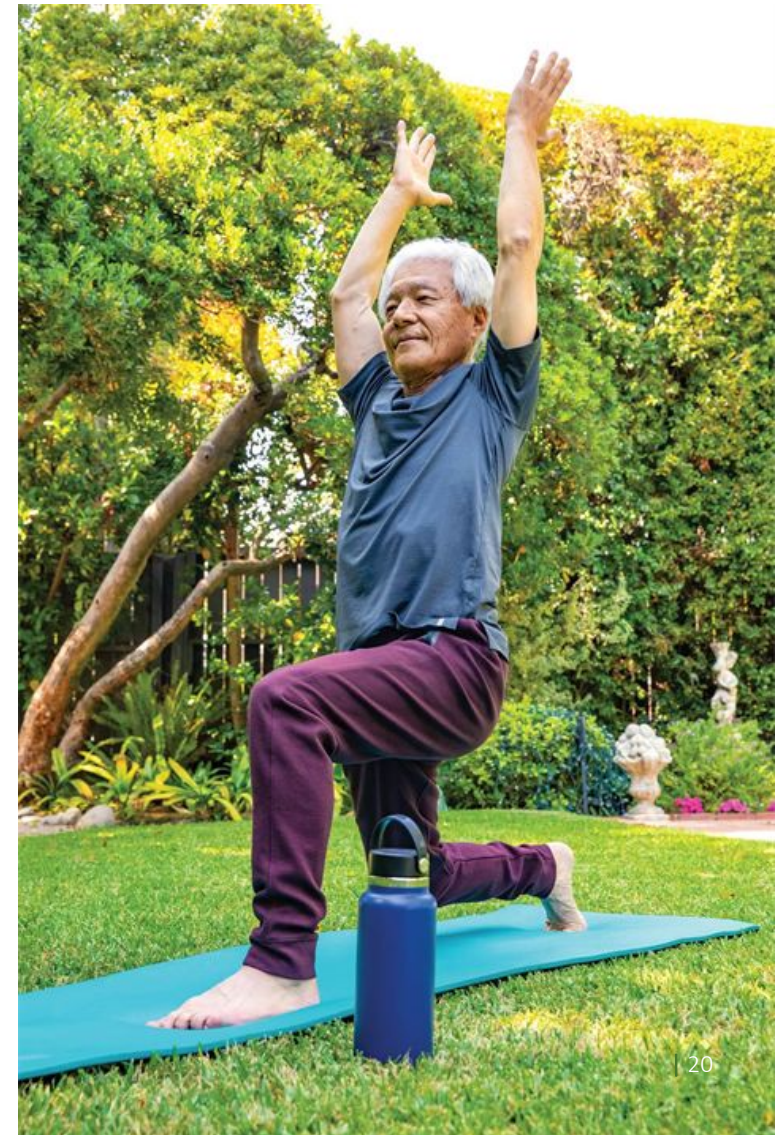


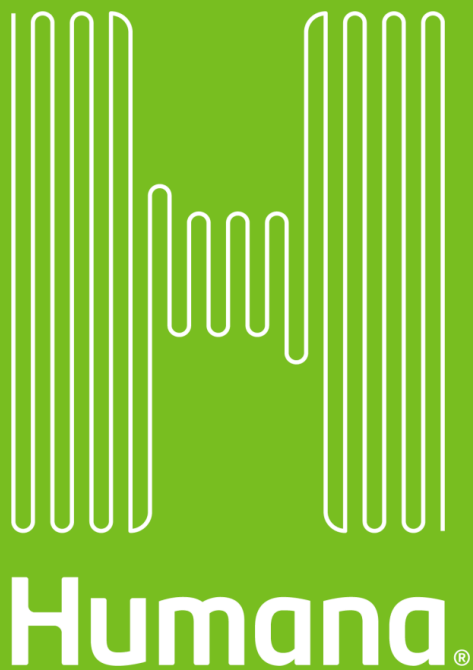
### balanced

- Online exercise portal geared towards seniors
- 55% off monthly subscription fee of \$20

*The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Humana grievance process*

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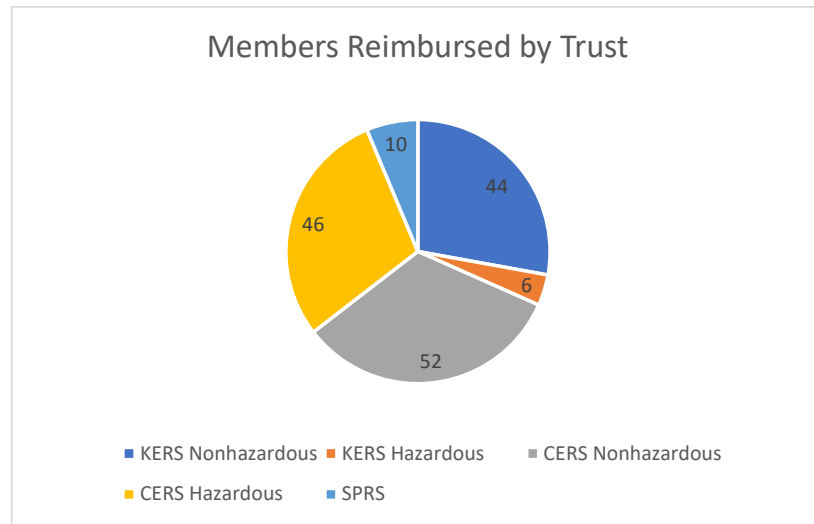
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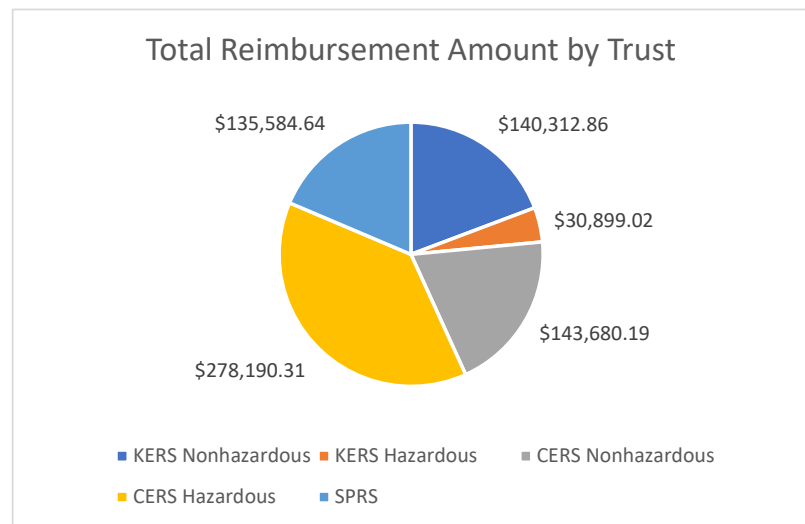
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## MSPA REIMBURSEMENT STATISTICS UPDATE



Total Members Reimbursed 158



Total Reimbursement Amount \$728,667.02